# Quantum quenches from integrability: the fermionic pairing model 

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#### Abstract

Understanding the non-equilibrium dynamics of extended quantum systems after the trigger of a sudden, global perturbation (quench) represents a daunting challenge, especially in the presence of interactions. The main difficulties stem from both the vanishing timescale of the quench event, which can thus create arbitrarily high energy modes, and its non-local nature, which curtails the utility of local excitation bases. We here show that nonperturbative methods based on integrability can prove sufficiently powerful to completely characterize quantum quenches: we illustrate this using a model of fermions with pairing interactions (Richardson's model). The effects of simple (and multiple) quenches on the dynamics of various important observables are discussed. Many of the features that we find are expected to be universal to all kinds of quench situations in atomic physics and condensed matter.


Keywords: algebraic structures of integrable models, mesoscopic systems (theory), other numerical approaches

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## 1. Introduction

The experimental realization [1] of cold atomic systems with a high degree of tunability of Hamiltonian parameters, and the ability to evolve in time with negligible dissipation, has reignited the study of many-body quantum systems away from equilibrium. How Gibbs or any other relaxed states can ultimately result from unitary dynamics is a question that has received a lot of attention recently [2]-[6], but which still lacks a general understanding.

Suppose an extended quantum system is prepared in one eigenstate $\left|\psi_{g_{0}}^{\mu}\right\rangle$ of some Hamiltonian $H_{g_{0}}$, where $g_{0}$ is a tunable, global parameter (interaction strength, external field, $\ldots$ ). At a given time, say $t=0$, this parameter is suddenly changed to a different value $g$, and the system thus starts evolving unitarily according to the dynamics governed by a different Hamiltonian $H_{g}$. This is what is referred to as a quantum quench. The resulting time evolution is simply given by the solution of the Schrödinger equation $|\psi(t)\rangle=\mathrm{e}^{-\mathrm{i} H_{g} t}\left|\psi_{g_{0}}^{\mu}\right\rangle$. Since $\left|\psi_{g_{0}}^{\mu}\right\rangle$ is not an eigenstate of $H_{g}$, this can be extremely difficult to quantify. The most straightforward way to tackle the problem is therefore to write the initial state $\left|\psi_{g_{0}}^{\mu}\right\rangle$ as a sum over the complete set of eigenstates $\left|\psi_{g}^{\nu}\right\rangle$ (having energy $\omega_{g}^{\nu}$ ) of Hamiltonian $H_{g}$, leading to the time-dependent post-quench state

$$
\begin{equation*}
|\psi(t)\rangle=\sum_{\nu} \mathrm{e}^{-\mathrm{i} \omega_{g}^{\nu} t}\left\langle\psi_{g}^{\nu} \mid \psi_{g_{0}}^{\mu}\right\rangle\left|\psi_{g}^{\nu}\right\rangle . \tag{1}
\end{equation*}
$$

The complexity of the problem is encoded first in the distribution of energies $\omega_{g}^{\nu}$, but most importantly in the matrix of overlaps of eigenstates pertaining to the two different Hamiltonians,

$$
\begin{equation*}
Q_{g g_{0}}^{\nu \mu} \equiv\left\langle\psi_{g}^{\nu} \mid \psi_{g_{0}}^{\mu}\right\rangle, \tag{2}
\end{equation*}
$$

which we call the quench matrix. This matrix is of dimension equal to that of the Hilbert space ${ }^{6}$, but in practice we mainly need a single column expressing the initial eigenstate of $H_{g_{0}}$ in terms of the eigenstates of $H_{g}$. However, even in the very few cases when all eigenstates of a many-body Hamiltonian can be classified and written down, the calculation of the quench matrix coefficients is a severe challenge, whose computational complexity generally grows factorially with system size. Shortcuts can be found for systems having a representation in terms of free particles (like the 1D Ising chains [5, 6]) where Wick's theorem suffices for calculating all the overlaps, but for truly interacting systems this remains a very ambitious program. Most of the theoretical work on quantum quenches has up to now concentrated on the calculation of correlation functions in specific regimes $[2,3]$, with little reference to the post-quench state of the system.

Besides describing the state resulting from a quench of state $\mu$, it is also important to be able to characterize the time dependence of physical observables $O$ after the quench. Formally, we can write

$$
\begin{equation*}
\langle O(t)\rangle \equiv\langle\Psi(t)| O|\Psi(t)\rangle=\sum_{\nu, \xi} \mathrm{e}^{\mathrm{i}\left(\omega_{g}^{\nu}-\omega_{g}^{\xi}\right) t} Q_{g_{0} g}^{\mu \nu} Q_{g g_{0}}^{\xi \mu}\left\langle\psi_{g}^{\nu}\right| O\left|\psi_{g}^{\xi}\right\rangle, \tag{3}
\end{equation*}
$$

where calculating the matrix elements $\left\langle\psi_{g}^{\nu}\right| O\left|\psi_{g}^{\xi}\right\rangle$ represents an additional hurdle for interesting observables in nontrivially interacting models. Even if we are able to obtain these matrix elements, the leftover double sum over the full Hilbert space is enormous, and one could wonder whether this way of proceeding is of any practical use. New nonperturbative methods are clearly needed to obtain a proper description of the physics involved.

The purpose of the present paper is to introduce a new line of attack on quantum quench problems, not only sufficiently powerful to yield the quench matrix of specific interacting problems (and thus the ensuing non-equilibrium state), but also able to provide matrix elements of physical observables, and thus their time dependence after the quench. This approach is based on the exact solvability of certain many-body quantum problems known as integrable or Bethe ansatz [7] solvable theories. Integrability came into prominence as a means of obtaining exact results for the equilibrium thermodynamics of one-dimensional systems (see $[8,9]$ and references therein). More recently, a description of correlation functions at equilibrium has been achieved by exploiting results from the algebraic Bethe ansatz (ABA), which provides economical expressions for matrix elements of local operators in the basis of exact Bethe eigenstates. The existence of these expressions stems from two results: Slavnov's formula [10] for the overlap of a Bethe state with a generic state, and the solution of the so-called quantum inverse problem [11], i.e. the mapping of physical operators to ABA operators. These matrix elements are of great utility in the computation of equilibrium correlation functions. One very important feature is that Bethe states typically offer a very optimized basis in which only a very small minority of eigenstates carry substantial correlation weight, allowing the summation over intermediate states to be drastically truncated without significantly affecting the results. This novel approach has been successfully applied to equilibrium correlations of

[^0]quantum spin chains [12] and atomic Bose gases [13]. We here further extend the reach of integrability into the domain of non-equilibrium quench dynamics.

## 2. The model and its solution

We consider a model of spin $1 / 2$ fermions in a shell of energy levels $\epsilon_{\alpha}$ with a Cooper pairing-like interaction

$$
\begin{equation*}
H=\sum_{\alpha} \sum_{\sigma} \frac{\epsilon_{\alpha}}{2} c_{\alpha \sigma}^{\dagger} c_{\alpha \sigma}-g \sum_{\alpha, \beta} c_{\alpha \uparrow}^{\dagger} c_{\alpha \downarrow}^{\dagger} c_{\beta \downarrow} c_{\beta \uparrow}, \tag{4}
\end{equation*}
$$

which was introduced by Richardson [14] in the context of nuclear physics, and has found applications in the physics of ultrasmall metallic grains [15]. It reduces to conventional Bardeen-Cooper-Schrieffer (BCS) theory [16] in the thermodynamic (TD) limit. The model has a pseudospin representation with $S_{\alpha}^{-}=c_{\alpha \downarrow} c_{\alpha \uparrow}$ (see the appendix) with $N$ spins. Central to our approach is the fact that this Hamiltonian can be diagonalized using the Bethe ansatz $[15,17]$. The Hilbert space separates into sectors of fixed number of down spins $N_{\mathrm{r}}$. The eigenstates of the model are given by Bethe wavefunctions, each individually characterized by a set of $N_{\mathrm{r}}$ rapidities $\left\{w_{j}\right\}$ obeying a set of algebraic equations known as the Richardson equations

$$
\begin{equation*}
\frac{1}{g}=\sum_{\alpha=1}^{N} \frac{1}{w_{j}-\epsilon_{\alpha}}-\sum_{k \neq j}^{N_{\mathrm{r}}} \frac{2}{w_{j}-w_{k}} \quad j=1, \ldots, N_{\mathrm{r}}, \tag{5}
\end{equation*}
$$

and are obtained by repeated action of an operator $B\left(w_{j}\right)$ on the fully polarized reference state $|0\rangle$ :

$$
\begin{equation*}
\left|\left\{w_{j}\right\}\right\rangle=\prod_{j} B\left(w_{j}\right)|0\rangle=\prod_{k=1}^{N_{\mathrm{r}}} \sum_{\alpha=1}^{N} \frac{S_{\alpha}^{-}}{w_{k}-\epsilon_{\alpha}}|0\rangle . \tag{6}
\end{equation*}
$$

The $\binom{N}{N_{\mathrm{r}}}$ different solutions to (5) then allow us to construct a full set of orthogonal eigenstates, providing us with a proper basis of the Hilbert space.

In Bethe ansatz solvable models, Slavnov's formula [10], gives the overlap of an eigenstate $|\{w\}\rangle$ with a state built with a general set of rapidities $\{v\}$ (see the appendix). The main difference from other models solvable using the algebraic Bethe ansatz (like the one-dimensional Bose gas or the $X X Z$ chain) is that in the definition of the eigenstates (6), the coupling constant $g$ enters only implicitly through the solutions of the Richardson equation for $w_{j}$. Consequently, for this model, Slavnov's formula is enough for calculating the overlaps between two generic states at any coupling. For other models, where $B\left(w_{j}\right)$ depends explicitly on $g$, it can only be used between states defined by the same operators $B\left(w_{j}\right)$ and therefore the same $g$, and a more general expression for the overlaps remains to be found.

We can then exploit the accessibility to the quench matrix for the Richardson model to show how useful integrability can be when studying quenches. However, before entering into the details of the quantum dynamics, it is important to remember that in the TD limit
$N_{\mathrm{r}}, N \rightarrow \infty$ at fixed filling, the dynamics becomes classical [19, 20] because of suppression of quantum fluctuations. In this limit, the dynamics of the canonical order parameter can be obtained analytically by exploiting classical integrability [19, 20]. The framework that we propose in this study works in the mesoscopic regime (finite $N$ ), allowing us to study the effects of quantum fluctuations. With this tool at hand, we can characterize in an exact manner the crossover taking place between microscopic and macroscopic physics, a task impossible to achieve with thermodynamical approaches.

We will argue in the following that, similarly to what is observed for equilibrium correlation functions, only a relatively small set of states contributes significantly to the decomposition of the initial state in the new eigenbasis. The natural approach is then to truncate in an optimal way the Hilbert space, so that a faithful representation of the initial state is obtained. The induced truncation error is easily evaluated looking at how close $\sum_{\mu}\left|\left\langle\psi_{g_{0}}^{0} \mid \psi_{g}^{\mu}\right\rangle\right|^{2}$ is to the desired value of 1 . Using the truncated Hilbert space we can then calculate any observable or correlation function by brute force, summing the relevant contributions.

Compared to other numerical truncation methods, this approach has the great advantage that time enters only as a parameter. The explicit expression (1) for the wavefunction means that at any time, expectation values can be computed without knowing the previous history of the system (apart from the initial state) and there is therefore no accumulation of errors as time passes. On the other hand, unlike for numerical exact diagonalization, matrix elements can be expressed using Slavnov's formula as matrix determinants whose computational complexity is algebraic and not exponential in the system size and/or number of excitations, thereby allowing one to reach large system sizes.

## 3. Numerical results

Let us now report explicit results starting with the quench matrix itself. We concentrate on the case of equally spaced levels $\epsilon_{\alpha}$ at half-filling, but the method is clearly not limited to this case. Let us start from $N=2 N_{\mathrm{r}}=16$, when the Hilbert space has a dimension of 'only' 12870 . We can then numerically compute the rapidities for every single state. We report in figure 1 the square of the overlaps for several quenches as obtained from Slavnov's formula (see the appendix). Starting from the non-interacting $(g=0)$ ground state, the top panel shows the overlaps with all the states at three different finite couplings. This allows us to understand some general features: having access to the complete quench matrix, one realizes that only a few of the eigenstates at coupling $g$ make a large contribution to $\left|\psi_{0}\right\rangle$. Therefore, getting a nearly exact description of the dynamics requires only a small subset of the states. The final state having the largest overlap with the initial ground state is always one of the states that at $g=0$ is built by flipping from up (down) to down (up) the $N_{\mathrm{p}}$ spins right below (above) the Fermi level. We refer to these $N_{\mathrm{r}}+1$ states as 'single-block states'. For the cases that we studied here, quenching from a non-interacting initial state, these states always contribute more than $60 \%$ of the total amplitude (see figure 2). The total contribution of single-block states is non-monotonic in $g$ showing (after decline at small interaction) a rise as $g$ gets sufficiently large.

The 'band-like' structure of the overlaps in figure 1 makes it reasonable to assume that additional large contributions can be found for states built by slightly deforming the


Figure 1. First column of the quench matrix (ground state overlaps) for several quenches. In all plots $N=2 N_{\mathrm{r}}=16$ and the ground state energies (represented by vertical lines) have been shifted for clarity. Top: decomposition of the $g=0$ ground state with states at $g=0.05,0.5,0.95$. Center: decomposition of several initial ground state $g_{0}=0,0.15,0.3,0.5$ in terms of the states at $g=1$. Bottom: decomposition of the $g_{0}=1$ ground state in terms of $g=0.95,0.55,0.15,0$ states.



Figure 2. Left: pictorial representation of single-block states obtained by promoting contiguous blocks of $N_{\mathrm{p}} \leq N_{\mathrm{r}}$ rapidities from right below to right above the Fermi level. Right: total contribution of these states to the amplitude of the initial state at $g_{0}=0$, as a function of the interaction.
single-block ones, e.g. by adding a single particle-hole excitation either above or below the Fermi level. The remaining most relevant states will then be those with two additional excitations. Following this assumption inductively, we add to the truncated Hilbert space multiple-block states obtained by slightly deforming single-block ones. This allows us to describe larger systems while retaining a tractable number of states. This procedure works extremely well; e.g. at $N=32$, for all the quenches from $g_{0}=0$ to $g \in(0,1]$, we were always able to find at minimum $97 \%$ of the weight of the initial state by using only 7000 states, i.e. only $1 / 10^{5}$ of the full Hilbert space. Moreover, for a given final value of $g$, less than 1000 of these states gives an actual important contribution.

In the center of figure 1, we report the overlaps obtained by quenching from different initial values of $g_{0}$ to the same final $g=1$. We see that the same band-like structure is present as when starting from a non-interacting state, leading to no qualitative change of the dynamics. Vice versa, the structure of the quench matrix for a reversed quench, i.e. from large to small $g$, reported in the bottom of figure 1 is different: the weight of the state goes down exponentially with the energy of the states (almost straight lines in the figure), and for large quenches the decay rate in energy is slow. An adequate representation of the initial state therefore requires that lots of states be taken into account. In this case, the optimal truncation procedure is still easily defined by simply keeping a sufficient number of low energy states.

The first measurable quantity easy to derive from the knowledge of the quench matrix is the probability distribution of the 'work' [6]

$$
\begin{equation*}
P(W)=\sum_{\mu}\left|\left\langle\psi_{g_{0}}^{0} \mid \psi_{g}^{\mu}\right\rangle\right|^{2} \delta\left(W-\omega_{g}^{\mu}+\omega_{g_{0}}^{0}\right) \tag{7}
\end{equation*}
$$

reported for some quenches from $g_{0}=0$ in figure 3 . These figures have been obtained by smoothing the $\delta$ function with a Gaussian of width proportional to the inter-level spacing. It is straightforward to derive the average and the width of this distribution

$$
\begin{align*}
& \langle W\rangle=\left\langle\psi_{g_{0}}^{0}\right|\left(H_{g}-H_{g_{0}}\right)\left|\psi_{g_{0}}^{0}\right\rangle=\left(g_{0}-g\right) N_{\mathrm{r}} \Psi_{\mathrm{OD}}^{g_{0}}, \\
& \left\langle W^{2}\right\rangle=\left\langle\psi_{g_{0}}^{0}\right|\left(H_{g}-H_{g_{0}}\right)^{2}\left|\psi_{g_{0}}^{0}\right\rangle=\left(g_{0}-g\right)^{2} N_{\mathrm{r}}^{2} \Psi_{2}^{g_{0}}, \tag{8}
\end{align*}
$$

where $\Psi_{\mathrm{OD}}^{g_{0}}=\left\langle\psi_{g_{0}}^{0}\right|\left(\sum_{\alpha, \beta=1}^{N} S_{\alpha}^{+} S_{\beta}^{-}\right) / N_{\mathrm{r}}\left|\psi_{g_{0}}^{0}\right\rangle$ is the off-diagonal order parameter in the initial state, and $\Psi_{2}^{g_{0}}=\left\langle\psi_{g_{0}}^{0}\right|\left(\sum_{\alpha, \beta=1}^{N} S_{\alpha}^{+} S_{\beta}^{-} / N_{\mathrm{r}}\right)^{2}\left|\psi_{g_{0}}^{0}\right\rangle$ is a four-point correlator. Higher cumulants are similarly obtained and only depend on the initial state ${ }^{7}$. From TD relations [6], it is generically expected that the probability of work per spin $w=W / N$ becomes a delta function. For finite $N, P(W)$ is nontrivial: it shows a dominant peak close to $W=\langle W\rangle$, but with a structure dictated by the presence of the state with the right quantum numbers at the given energy. In the top panel we report several quenches at $N=32$, where the formation of subdominant peaks is explicitly shown. In the bottom panel we show $P(W)$ at different $N$ keeping $g N$ fixed. It is evident that despite the fact that the structure changes drastically with $N$, the width of the distribution is constant, indicating that, when written in terms of $W / N$, it becomes a delta function.

[^1]

Figure 3. Distribution of work $P(W)$. Left: different quenches at fixed $N=32$, showing the formation of multiple peaks for large quenches. Right: at different $N$ keeping fixed $g N$.

## 4. Order parameter evolution

We now present results for observables, concentrating on the off-diagonal order parameter defined as

$$
\begin{equation*}
\Psi_{\mathrm{OD}}(t)=\langle\psi(t)| \frac{1}{N_{\mathrm{r}}} \sum_{\alpha, \beta=1}^{N} S_{\alpha}^{+} S_{\beta}^{-}|\psi(t)\rangle . \tag{9}
\end{equation*}
$$

In the equilibrium canonical ensemble $\Psi_{O D}$ for $N \rightarrow \infty$ is related to the BCS gap and so it is a natural quantity to use to understand the superconducting tendency even out of equilibrium (on the same footing as the canonical order parameter used in [19]). According to equation (3) we can write the time evolution once the form factors for $\sum_{\alpha, \beta=1}^{N} S_{\alpha}^{+} S_{\beta}^{-}$ are known. They have a representation in terms of a sum of $N_{\mathrm{r}}$ determinants of $N_{\mathrm{r}} \times N_{\mathrm{r}}$ matrices depending on the rapidities (see the appendix). In the bottom left part of figure 4 we present the resulting real-time evolution of $\Psi_{\mathrm{OD}}(t)$ starting from $g_{0}=0$ and evolving with several different $g$ for $N=32$. The information contained here is better extracted from the Fourier transforms reported on the right of figure 4.

For small values of $g$, the various frequencies entering are very close to integers, as a result of the almost perfect equispacing of the levels. This regime could simply be described using perturbation theory and does not show any striking features different from free fermions. With increasing $g$, the spectrum becomes very complicated since a large number of incommensurate frequencies contribute to the order parameter evolution. This is the realm of quantum fluctuations which makes the evolution highly irregular. Still increasing $g$, some regularity appears again. This can be understood in terms of results in the TD limit [19]. In fact, for $N \rightarrow \infty$, quenching from a weak interaction to a much larger one leads to an order parameter which shows persistent non-harmonic periodic evolution, i.e. a Fourier transform with equispaced peaks. Within the canonical description presented here, this feature will be reproduced when quenching to a large final value of $g$ since, as was shown in [21], excited states in this regime form equispaced bands at energy $E \approx \Delta N_{\mathrm{G}}+O\left(N^{0}\right)\left(N_{\mathrm{G}}\right.$ being the number of gaudinos, i.e. the relevant excitations in this regime [21]). As can be readily seen looking at the energy distribution


Figure 4. Bottom left: off-diagonal order parameter evolution for $N=32$. Right: Fourier transform; the various plots are shifted on the vertical axis for clarity. Top left: non-equilibrium finite-size 'phase diagram' resulting from the time-averaged canonical gap obtained from the off-diagonal order parameter, as explained in the text.
of the points in figure 1, for finite large couplings, the low energy bands are already clearly formed, progressively collapsing to a single energy $E \approx \Delta N_{\mathrm{G}}$. The slight remaining width of these bands would only result in additional low frequency corrections to the mean-field BCS result.

The static correlation functions studied in $[18,22]$ depend mainly on low energy properties, and BCS-like behavior was always found when $g \gtrsim g^{*}=(2 \ln N)^{-1}$, i.e. the criterion for the presence of superconductivity. In the problem at hand though, the quench matrix clearly shows that quantum quenches lead to an important occupation of the higher energy bands. These clearly differ from the BCS spectrum even for values of $g$ much larger than $g^{*}$ (that for $N=32$ is only $0.144 \ldots$ ). Quenches, since they probe high energy properties of the system, open up the possibility of probing interaction effects not captured by the mean-field treatment. Non-mean-field features are manifest in nonequispaced dominant peaks in the frequency dependence of the order parameter. These accessible experimental quantities could thus be used as a spectroscopic tool (as proposed for other models in [4]) for studying quantum fluctuations.

We also considered the evolution of the canonical order parameter defined as $\Psi(t)=$ $\sum_{\alpha=1}^{N} \sqrt{\frac{1}{4}-\left\langle S_{\alpha}^{z}(t)\right\rangle^{2}}$, using the knowledge of the form factors for $S_{\alpha}^{z}$ (see the appendix). It displays the same qualitative features as $\Psi_{\mathrm{OD}}(t)$ and consequently will not be discussed here.

Let us conclude this section with a discussion of the long time asymptotic. It is difficult to extract any information about it from the highly irregular and oscillatory behavior reported in figure 4. Furthermore in a finite system, (approximate) quantum recurrence will always spoil any signature of an eventual asymptotic state. However, if in the TD limit the asymptotic value of an observable exists, it must be equal to its time average, that is straightforwardly obtained with the tools at hand for finite systems. In fact, in equation (3) all the terms with $\nu \neq \xi$ average to zero and so $\bar{O}=\sum_{\nu}\left|Q_{g_{0} g}^{0 \nu}\right|^{2}\left\langle\psi_{g}^{\nu}\right| O\left|\psi_{g}^{\nu}\right\rangle$, (the overline stands for the time average). $\bar{\Psi}_{\mathrm{OD}}$ is obtained with little effort using the Hellmann-Feynman theorem $\left\langle\psi_{g}^{\nu}\right| \sum_{\alpha, \beta=1}^{N} S_{\alpha}^{+} S_{\beta}^{-}\left|\psi_{g}^{\nu}\right\rangle=-\left(\partial \omega_{g}^{\nu} / \partial g\right)$, thus without involving determinants. The non-equilibrium 'phase diagram' for $N \rightarrow \infty$ [19] shows that the final asymptotic value of the canonical gap $\Delta_{\infty}$ defines a universal curve when expressing $\Delta_{\infty} / \Delta_{g}$ versus $\Delta_{g_{0}} / \Delta_{g}$, where $\Delta_{g}$ is the equilibrium value at coupling $g$. In our normalization, $\Delta_{g}=g \Psi / N_{\mathrm{r}}=g \sqrt{\Psi_{\mathrm{OD}} / N_{\mathrm{r}}-1} / N_{\mathrm{r}}[18]$ (the -1 cancels the first correction for large $N_{\mathrm{r}}$ ). We take the last equation also off-equilibrium for the definition of the time-averaged canonical gap in finite size. The resulting 'finite-size phase diagram' is reported in figure 4 (top left), where most of quenches from $g_{0}$ to $g$ both in $[0,1]$ are shown, for $N=8,16,32$ at half-filling (we excluded the points with an equilibrium $\Psi_{\mathrm{OD}}$ much different from the BCS prediction, that are not expected to approach the asymptotic result). It is evident how on increasing $N$ the curves tend to the Barankov-Levitov result shown as a full line ${ }^{8}$.

## 5. The double quench

We move now to address the very interesting dynamics that appear when we consider sequences of multiple quenches, $g_{i} \rightarrow g_{i+1}$ at times $t_{i}$. For brevity, we concentrate here on the problem of the double-quench, or quench-dequench sequence, defined by $g=g_{0}$ for $t<0, g=g_{1}$ for $0 \leq t<t_{\mathrm{q}}$ and $g=g_{0}$ for $t \geq t_{\mathrm{q}}$. Starting from a specific eigenstate of $H_{g_{0}}$, the quench at $t=0$ populates excited states of $H_{g_{1}}$ according to the quench matrix (2). Letting the system evolve up to time $t_{\mathrm{q}}$ and then 'dequenching' back to $g_{0}$ results in a nontrivial amplitude of occupation for eigenstates of $H_{g_{0}}$, given by the quench propagator

$$
\begin{equation*}
P_{\beta \alpha}\left(t_{\mathrm{q}}\right)=\sum_{\gamma \in \mathcal{H}_{g_{1}}} Q_{g_{0} g_{1}}^{\beta \gamma} Q_{g_{1} g_{0}}^{\gamma \alpha} \mathrm{e}^{-\mathrm{i} \omega_{g_{1}}^{\gamma} t_{\mathrm{q}}}, \tag{10}
\end{equation*}
$$

where $\alpha, \beta \in \mathcal{H}_{g_{0}}$ are respectively the labels for the pre- and post-quench states. For $t_{\mathrm{q}}=0$, this propagator falls back onto the identity matrix. For finite duration $t_{\mathrm{q}}>0$, interference effects lead to nontrivial states (see the left panel of figure 5). For a specific initial state $\alpha$ and final state $\beta$, the quench propagator can be visualized as the sum of arrows of length $\left|Q_{g_{g_{1}}}^{\beta \gamma} Q_{g_{g_{g}}}^{\gamma \alpha}\right|$ rotating as a function of $t_{\mathrm{q}}$ at frequency $\omega_{g_{1}}^{\gamma}$ from an initial phase $\arg \left(Q_{g_{0} g_{1}}^{\beta \gamma} Q_{g_{1} g_{0}}^{\gamma \alpha}\right)$. When arrows of non-negligible length align, constructive interference occurs, favoring the weight of the final state $\beta$ (see the right panel of figure 5). Since all arrows rotate at different frequency, the occupation probability of state $\beta$ is a

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Figure 5. Left: a typical quench $g_{0} \rightarrow g$ populates all states according to the quench matrix. A general dequench $g \rightarrow g_{0}$ redistributes the weight among all states. Right: a targeted dequench after a chosen time can populate a targeted state.


Figure 6. Occupation probabilities and moments after a double quench between $g=0$ and 0.5 , as a function of the quench duration $t_{q}$, for a system of 16 spins. The top plot gives the ground state occupation probability, clearly displaying vanishing and reconstruction effects. The middle plot gives the occupation probabilities for the three more relevant states. The lower graph shows the moments $I_{q}$, quantifying the degree of localization in Hilbert space after the double quench.
highly nontrivial function of the quench time, which is however completely characterized from the information we now have at hand.

We consider for definiteness a double quench starting from the ground state of Hamiltonian $H_{g_{0}}$. As a function of the quench duration $t_{\mathrm{q}}$, the amplitudes of eigenstates $\alpha$ after the dequench will thus be given by $A_{\alpha}\left(t_{\mathrm{q}}\right)=P_{\alpha 0}\left(t_{\mathrm{q}}\right)$. We present in figure 6 the results of such double-quench calculations. We specifically use a system of 16 spins, and trace over
all intermediate states, allowing us to verify that the sum of square amplitudes remains equal to one (up to numerical accuracy of order $10^{-7}$ ) at all quench times. The top panel shows the ground state occupation, which is inevitably the dominant state for small $t_{\mathrm{q}}$. However, we find that surprisingly its weight essentially vanishes (square amplitude below 0.005 ), first around quench time $t_{\mathrm{q}}=0.56$, and also repeatedly afterward. The ground state is also periodically reconstructed to a large degree, showing that substantial sloshing of the occupation weight in the Hilbert space occurs as a function of the quench duration.

The occupation of individual excited states after the double quench also displays prominent time-dependent interference effects. Their amplitudes all begin at zero for $t_{\mathrm{q}}=0$, but individual states can attain non-negligible amplitudes when the 'arrows' in their quench propagator add up constructively for particular quench durations. This is shown in the middle panel of figure 6, where we plot the occupation probability of three example states among the single-block states. The times at which such alignments take place can be predicted using a simple algorithm based on what could be called a continuous sieve of Eratosthenes. Namely, for a given final state $\beta$, the double-quench weights $\left|Q_{g_{0} g_{1}}^{\beta \gamma} Q_{g_{1} g_{0}}^{\gamma \alpha}\right|$ for all $\gamma$ are first ordered in decreasing value. The dominant mode (relabeled 0) has a time-dependent phase $\phi^{0}\left(t_{\mathrm{q}}\right)=\omega_{g_{1}}^{0} t_{\mathrm{q}}-\phi^{0}$ with $\phi^{0} \equiv \arg \left(Q_{g_{0} g_{1}}^{\beta \gamma{ }^{0}} Q_{g_{1} g_{0}}^{\gamma^{0} \alpha}\right)$, with similar defined phases for the subdominant modes $i>0$. Choosing an arbitrary phase alignment tolerance $\delta \theta$, the requirement that $\left|\phi^{i}\left(t_{\mathrm{q}}\right)-\phi^{0}\left(t_{\mathrm{q}}\right)\right|<\delta \theta$ for a given 'arrow' $i$ defines excluded time intervals on the quench timeline $t_{\mathrm{q}} \in[0, \infty[$. Erasing all such intervals for all states up to a level $n$ leaves only the times at which all phases $\phi^{0}\left(t_{\mathrm{q}}\right), \ldots, \phi^{n}\left(t_{\mathrm{q}}\right)$ are aligned to the chosen tolerance, and for which a certain amount of constructive interference occurs. For example, in the middle panel of figure 6 , the $b$ state peaks around $t_{\mathrm{q}} \simeq 4.8$; it can be checked that this is a level 8 alignment (with tolerance chosen as $\delta \theta=\pi / 8$ ). Alignments of a given order $n$ and tolerance $\delta \theta$ occur more or less periodically. Increasing the order or reducing the tolerance $\delta \theta$ makes alignments of higher quality but quickly increasing rarity. In view of this sieve of Eratosthenes logic, an interesting question is whether the distribution of quench alignment times can be linked to that of e.g. prime numbers.

A study of the amplitudes $A_{\alpha}$ after a double quench for each individual final state is clearly prohibitive. Characterizing the distribution of amplitudes is more enlightening, and is best performed by exploiting tools common in the theory of localization in disordered systems, i.e. by considering the inverse participation ratios (IPRs) $I_{q}=\sum_{\alpha}\left|A_{\alpha}\right|{ }^{2 q}$, with $I_{1}=1$. In the bottom panel of figure 6, we plot the second and third IPRs for excited states (defined as $I_{q, r}=\sum_{\alpha>0}\left|A_{\alpha}\right|^{2 q} /\left(\sum_{\alpha>0}\left|A_{\alpha}\right|^{2}\right)^{q}$, i.e. summing over excited states only), which display the localization tendencies of the excited states' amplitude weight in the Hilbert space after the double quench. Curves of $I_{2, r}$ and $I_{3, r}$ (always $\leq I_{2, r}$ ) approach one another when one excited state becomes dominant, and indicate smoother weight distribution otherwise.

Another interesting quantity to look at, which also has the advantage of being more directly accessible in experiments, is the work

$$
\begin{equation*}
W\left(t_{\mathrm{q}}\right)=\sum_{\alpha}\left(\omega_{g_{0}}^{\alpha}-\omega_{g_{0}}^{0}\right)\left|A_{\alpha}\left(t_{\mathrm{q}}\right)\right|^{2}, \tag{11}
\end{equation*}
$$

or in other words the energy which is pumped into the system by a quench-dequench sequence of duration $t_{\mathrm{q}}$. Starting from the ground state means that $W\left(t_{\mathrm{q}}\right)$ is strictly positive.


Figure 7. Total energy (work) pumped into the system by the quench-dequench sequence with $g_{0}=0$ and $g_{1}=0.5$ and 16 spins, as a function of the quench duration $t_{\mathrm{q}}$. Inset: work as a function of $t_{\mathrm{q}}$ for the first oscillations of the envelope. These persist for much longer times, which are not plotted for clarity. Main plot: Fourier transform of the work, showing the main peak associated with the energy difference of the two dominant intermediate states.

Since the quench-dequench sequence populates excited states in a highly $t_{\mathrm{q}}$-dependent way, this quantity will also display a rich frequency profile. In figure 7 , we plot (inset) the work as a function of $t_{\mathrm{q}}$, which displays nontrivial oscillatory behavior dominated by a frequency $\omega \simeq 4.62$ corresponding to the energy difference between the two dominant intermediate states during the quench. The Fourier transform $W\left(\omega_{q}\right)$ is plotted in the main part of the figure, clearly displaying the above-mentioned peak but also the non-negligible contributions from a broad range of frequencies. The position of the peaks corresponds to excited energy level differences of the Hamiltonian during the quench, their height giving information on the size of the relevant quench matrix elements. The work can thus be used not only as a spectroscopic tool, but as a way to quantify eigenstate overlaps.

## 6. Conclusion

In this work, we have proposed a novel method for tackling quantum quenches, based on integrability. We applied the method to the fermionic pairing model, showing the large amount of information that can be obtained on e.g. the work probability density, physical observables (and correlation functions) and their time evolution, and multiple-quench settings. Everything has been derived in an exact (or numerically exact) manner in the mesoscopic regime, where quantum fluctuations govern the dynamics. We gave evidence of how single-and double-quench dynamics can be effectively used to extract spectroscopic data from simple measurable quantities like the work done on the system.

To obtain these results we explored the peculiar property that the quench matrix of the pairing model can be obtained using Slavnov's formula. This is not true in a general integrable model, and the generalization of the quench matrix representation is
an open problem in the theory of integrable systems. When this representation becomes available, the methods that we propose here will allow exact calculations for a large variety of experimental relevant models, most importantly the one-dimensional Bose gas and Heisenberg spin chains.

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## Appendix

## A.1. Solving the Richardson equations

Because of the blocking effect excluding singly occupied levels from the dynamics [14], Richardson's model also has a pseudospin representation $S_{\alpha}^{-}=c_{\alpha \downarrow} c_{\alpha \uparrow}, S_{\alpha}^{+}=c_{\alpha \uparrow}^{\dagger} \tau_{\alpha \downarrow}^{\dagger}$, $S_{\alpha}^{z}=c_{\alpha \uparrow}^{\dagger} \uparrow_{\alpha \downarrow}^{\dagger} c_{\alpha \downarrow} c_{\alpha \uparrow}-1 / 2$. The Hamiltonian becomes

$$
\begin{equation*}
H=\sum_{\alpha=1}^{N} \epsilon_{\alpha} S_{\alpha}^{z}-g \sum_{\alpha, \beta=1}^{N} S_{\alpha}^{+} S_{\beta}^{-} \tag{A.1}
\end{equation*}
$$

where $N$ is the number of unblocked levels.
At $g=0$ the $\binom{N}{N_{\mathrm{r}}}$ solutions to the Richardson equations are trivial. They are given by equation (6) with the $N_{\mathrm{r}}$ rapidities set to be strictly equal to one of the energies $\epsilon_{\alpha}$. Apart from for a few particular cases with a small number of particles, the Richardson equations are not solvable analytically when $g \neq 0$, and one should solve them numerically. The solutions are such that every $w_{j}$ is either a real quantity or forms, with another parameter $w_{j^{\prime}}$, a complex conjugate pair (CCP), i.e. $w_{j^{\prime}}^{*}=w_{j}$. The mechanism for the CCPs formation is very easy: as interactions are turned on, all $w_{j}$ are real quantities for small enough $g$, but at a certain critical value of the coupling $g_{j}^{*}$ two rapidities will be exactly equal to one of the energy levels $\left(w_{j}=w_{j^{\prime}}=\epsilon_{\gamma}(j)\right)$ and for $g>g_{j}^{*}$, the two parameters that collapsed will form a CCP at least for a finite interval in $g$. The situation is in fact rather intricate: the values $g_{j}^{*}$ are implicit functions of all other rapidities, and can only be read off a full solution of the Richardson equations for a specific choice of state. Moreover, CCPs can split back into real pairs, whose components can then re-pair with neighboring rapidities. Different choices of the parameters $\epsilon_{\alpha}$ and of their eventual degenerations specify different models. We specialize to the case of equally spaced levels. We make the choice to use $\epsilon_{\alpha}=\alpha$ which sets the zero of energy and implies that every energy will be given in units of the (pair) inter-level spacing. Furthermore we consider only half-filling of the energy levels ( $N=2 N_{\mathrm{r}}$ ), when the number of rapidities $N_{\mathrm{r}}$ equals the number of particles $N_{\mathrm{p}}$, while in general in our notation $N_{\mathrm{r}}+N_{\mathrm{p}}=N$. At the precise value of $g$ at which a pair of rapidities $\left(w_{j}, w_{j^{\prime}}\right)$ collapse into a CCP $\left(w_{j}=w_{j^{\prime}}=\epsilon_{\gamma}(j)\right)$, the Richardson equation (5), labeled $j$ and $j^{\prime}$, will include two diverging terms whose sum remains finite. In order to be able to treat these points numerically, one can define
the real variables, $w_{1, j} \equiv w_{j}+w_{j^{\prime}}$ and $w_{2, j} \equiv\left(2 \epsilon_{\gamma}(j)-w_{j}-w_{j^{\prime}}\right) /\left(w_{j}-w_{j^{\prime}}\right)^{2}$. As first discussed in [23], we need to know beforehand which rapidities will form a CCP and at which $\epsilon_{\gamma}(j)$ it will happen in order to use this type of change of variables. Here we find the various solutions to the Richardson equations numerically by increasing $g$ in small steps starting from the solution at $g=0$ and can therefore predict, at every step, the upcoming formation of CCPs. As a consequence of this procedure, any given state at finite coupling can then be defined uniquely by the $g=0$ state from which it emerges (and the actual value of $g$ ).

## A.2. Scalar products and form factors

In Bethe ansatz solvable models, Slavnov's formula [10] is an economical representation of the overlap of an eigenstate $|\{w\}\rangle$ with a general Bethe state $|\{v\}\rangle$ constructed using the same operators, but for which the set of rapidities $\{v\}$ does not fulfil the Bethe equations. This overlap is given as a determinant of an $N_{\mathrm{r}}$ by $N_{\mathrm{r}}$ matrix, which in the problem at hand reads [17]

$$
\begin{equation*}
\langle\{w\} \mid\{v\}\rangle=\frac{\operatorname{det}_{N_{\mathrm{r}}} J\left(\left\{v_{a}\right\},\left\{w_{b}\right\}\right) \prod_{a \neq b}^{N_{\mathrm{r}}}\left(v_{b}-w_{a}\right)}{\prod_{b<a}\left(w_{b}-w_{a}\right) \prod_{a<b}\left(v_{b}-v_{a}\right)} \tag{A.2}
\end{equation*}
$$

with the matrix elements of $J$ given in $[17,18]$,

$$
\begin{equation*}
J_{a b}=\frac{v_{b}-w_{b}}{v_{a}-w_{b}}\left[\sum_{\alpha=1}^{N} \frac{1}{\left(v_{a}-\epsilon_{\alpha}\right)\left(w_{b}-\epsilon_{\alpha}\right)}-2 \sum_{c \neq a}^{N_{\mathrm{r}}} \frac{1}{\left(v_{a}-v_{c}\right)\left(w_{b}-v_{c}\right)}\right] . \tag{A.3}
\end{equation*}
$$

The solution to the inverse problem allows a determinant representation for the necessary form factors [17]

$$
\langle\{w\}| S_{\alpha}^{z}|\{v\}\rangle=\prod_{a=1}^{N_{\mathrm{r}}} \frac{\left(w_{a}-\epsilon_{\alpha}\right)}{\left(v_{a}-\epsilon_{\alpha}\right)} \frac{\operatorname{det}_{N_{\mathrm{r}}}((1 / 2) \mathcal{T}-\mathcal{Q}(\alpha))}{\prod_{b>a}\left(w_{b}-w_{a}\right) \prod_{b<a}\left(v_{b}-v_{a}\right)},
$$

with the matrix elements of $\mathcal{T}, \mathcal{Q}$ given by

$$
\begin{align*}
& \mathcal{T}_{a b}=\frac{2 \prod_{c \neq a}^{N_{\mathrm{r}}}\left(w_{c}-v_{b}\right)}{w_{a}-v_{b}}\left[\sum_{c \neq b} \frac{1}{\left(v_{b}-v_{c}\right)}-\sum_{c \neq a} \frac{1}{\left(v_{b}-w_{c}\right)}\right]  \tag{A.4}\\
& \mathcal{Q}_{a b}(\alpha)=\frac{\prod_{c \neq b}\left(v_{c}-v_{b}\right)}{\left(w_{a}-\epsilon_{\alpha}\right)^{2}}
\end{align*}
$$

We explicitly used the fact that both states are solutions to the Richardson equations in order to write the matrix elements of $\mathcal{T}$ in a more compact form than in previous publications [17, 18].

The form factors for $S_{\alpha}^{-} S_{\beta}^{+}$can be written as a sum of $N_{\mathrm{r}}$ determinants by generalizing the method of [18] for $\{v\}=\{w\}$ starting from the double sums in [17]. For $\alpha \neq \beta$ we have
$\langle\{v\}| S_{\alpha}^{-} S_{\beta}^{+}|\{w\}\rangle=\frac{\prod_{c}\left(\left(v_{c}-\epsilon_{\alpha}\right) /\left(w_{c}-\epsilon_{\alpha}\right)\right) \prod_{k \neq q}\left(w_{k}-w_{q}\right)}{\prod_{b>a}\left(v_{a}-v_{b}\right) \prod_{a>b}\left(w_{a}-w_{b}\right)} \sum_{q=1}^{N_{\mathrm{r}}} \frac{w_{q}-\epsilon_{\alpha}}{w_{q}-\epsilon_{\beta}} \operatorname{det} \mathcal{J}_{\alpha, \beta}^{q}$,
where, defining $A_{a b}=J_{a b} \prod_{c \neq b}\left(v_{c}-w_{b}\right)$, the matrix elements are given by

$$
\begin{align*}
& \mathcal{J}_{a b}=A_{a b}- \frac{\prod_{k \neq b, q}\left(w_{k}-w_{b}\right)}{\prod_{k \neq b+1, q}\left(w_{k}-w_{b+1}\right)} \frac{w_{b}-\epsilon_{\alpha}}{w_{b+1}-\epsilon_{\alpha}} A_{a b+1}, \quad b<q-1, \\
& \mathcal{J}_{a q-1}=A_{a q-1}+2 \frac{\left(w_{q}-\epsilon_{\beta}\right)\left(w_{q-1}-\epsilon_{\alpha}\right)}{w_{q-1}-w_{q}} \prod_{c}\left(\frac{v_{c}-\epsilon_{\beta}}{w_{c}-\epsilon_{\beta}}\right)  \tag{A.6}\\
& \times \prod_{k \neq q-1}\left(w_{k}-w_{q-1}\right) \frac{\left(2 v_{a}-\epsilon_{\alpha}-\epsilon_{\beta}\right)}{\left(v_{a}-\epsilon_{\alpha}\right)^{2}\left(v_{a}-\epsilon_{\beta}\right)^{2}}, \\
& \mathcal{J}_{a q}=1 /\left(v_{a}-\epsilon_{\alpha}\right)^{2}, \quad \mathcal{J}_{a b}=A_{a b}, \quad b>q .
\end{align*}
$$

For $\alpha=\beta$ they are calculated using the Hellmann-Feynman theorem as explained in the main text.

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[^0]:    ${ }^{6}$ Formally, the pre- and post-quench Hamiltonians do not have to share the same Hilbert space (a quench could for example be defined which would kill off or introduce new degrees of freedom). The quench matrix thus technically has dimensions $\operatorname{dim}\left(\mathcal{H}_{g}\right) \times \operatorname{dim}\left(\mathcal{H}_{g_{0}}\right)$, and is well-defined provided we adopt a proper measure for the scalar product.

[^1]:    ${ }^{7}$ In passing, we note that these relations also offer further sum rules connected to the conservation of energy. In the truncated approach that we used, these are well saturated.

[^2]:    ${ }^{8}$ Notice that for $\Delta_{g_{0}} / \Delta_{g}<\mathrm{e}^{-\pi / 2}$ in [19] a branch point is predicted resulting in an oscillatory behavior. We limit ourself to considering the average.

